

# Yogi Vipul Bhatti

*Director of Yoga*

*Sudha Yoga & Ayurveda International*

*India & Abroad*

*Mobile: +91 8383974623*



## PERSONAL VITAE

*I am a 'Born Yogi' who merely at the age of 11 resumed his pious expedition to procure the utmost goal of yoga. Through extensive investigation I rejuvenated the traditional atavistic yoga into pristine yet peculiar guise. Thus inspite of classifying I consider yoga as one and only 'Yoga By Itself'.*

## CAREER OBJECTIVE

*Consistently serving society extensively since 2009 through yoga as utmost treasure for humanity. And invariably prepared for the same in all viable approaches to it regardless of anything.*

## CHARACTER PROFILE

- ❖ *Diligent, Determined, Disciplined, Spiritual, Practical and Ethical are some of my characteristics.*
- ❖ *Energetic, capable of working independently and a good deal of autonomy.*
- ❖ *Excellent time management skills and can meet the needs in time without compromising on quality.*
- ❖ *Matchless communication & interpersonal skills.*
- ❖ *Successful in facing challenges & finding solutions as per the requirements of organization & client.*
- ❖ *Strong writing and speaking skills.*
- ❖ *Fantastic organizational skills.*
- ❖ *Self-Starter.*
- ❖ *Exemplary Teaching, Meditating, Spiritual and Therapeutic techniques.*

## CERTIFICATIONS & AWARDS



- ❖ Won 2 Gold, 3 Silver & 1 Bronze Medal at International level.
- ❖ Won 15 Gold, 5 Silver & 4 Bronze Medals at National level.
- ❖ Won 16 Gold & 4 Silver Medals at State level.
- ❖ Won 7 Gold Medals at Zonal level.
- ❖ Won the title of Mr. Yogi back to back 4 times.
- ❖ Won the title of Bharat Yogasana Samrat.
- ❖ Won the title of Yoga Prince.
- ❖ Shourya Puruskar given by the society of Amar Shaheed Major Dr. Ashwini Kumar Kanu.
- ❖ Awarded as Excellent Performer, honoured by Mrs. Sheila Dixit (Ex. Chief Minister, Delhi).
- ❖ Exemplary Performance award given by D. A. V. college managing committee.
- ❖ Awarded as great 'Special Act Performer' by Josh television pvt. Ltd.
- ❖ Also appreciated by Chinese Embassy (India) for several guest performances.

## ACHIEVEMENTS

- ❖ Introduced "Yoga By Itself" globally through my classes held on 15<sup>th</sup> & 16<sup>th</sup> of October, 2016 at "International Yoga Journal Conference" in Moscow, Russia.

Facebook Link:-

<https://www.facebook.com/media/set/?set=a.1472022112812385&type=1&l=4d614989ec>

- ❖ Won Finale of the show "Entertainment Ke Liye Aur Bhi Kuch Karega" (Season - 2, 2009) at Sony Entertainment Television.

Youtube Link:-

- Initial Round: [http://youtu.be/E7h5\\_4hazp7U](http://youtu.be/E7h5_4hazp7U) / <http://youtu.be/MVJimjAfbV4>

- Finale Round: <http://youtu.be/N4jWjiPFHZ0>

- ❖ Won Challenger Round of the show "Entertainment Ke Liye Aur Bhi Karega" (season - 3, 2010) once again at Sony Entertainment Television & been a jewel of its Grand Finale too.

Youtube Link:-

- Challenger Round: <http://youtu.be/AAt-WF6HeJ4> (Part - 1)

- <http://youtu.be/039xduXICsM> (Part - 2)

- <http://youtu.be/6wrSvGAK480> (Part - 3)

- Grand Finale Round: <http://youtu.be/cUdpAMeoST9> (Part - 1)



<http://youtu.be/fNr4Be9EKQ> (Part - 2)

- ❖ Registered in "Limca Book of Records" for the first time globally to perform yoga in  $-5^{\circ}$  celcius constantly beyond 3 hours at an altitude of 3000 m high above sea level in Sonamarg, J&K.

Facebook Link:-

<https://www.facebook.com/media/set/?set=a.11074495607157&type=1&f=e442e82deb>

- ❖ Also been awarded as Super Active Performer of the day on "India's Got Talent Khoj-2" at Colors TV Channnel.

Youtube Link:- <http://youtu.be/eAasU5LUF50>

- ❖ Performed in winters at another high altitude peak Auli, Uttarakhand while it was covered by a thick blanket of snow.

Facebook Link:-

<https://www.facebook.com/media/set/?set=a.209039995777276&type=1&f=595a851451>

## PROVEN JOB PROFILE

- ❖ Invented 'Yoga By Itself', an admirable amalgamation of each and every aspect of yoga beyond all classifications.
- ❖ Innovated untold instrumental yoga classes and sequences specifically focused on certain postures, strength, flexibility, endurance, balance, concentration and meditation etc.
- ❖ Known for teaching yoga in pristine yet peculiar guise through extensive discoveries and improvisations in existing styles of Anti Gravity Yoga, Ball Yoga, Aqua Yoga etc.
- ❖ Responsible for guiding members through invigorating and encouraging yoga practices with the optimum 'Hands on Alignment' and ideal 'Philosophical exposition'.
- ❖ Provides physical, mental, emotional as well as spiritual counseling for all age groups.
- ❖ Discusses the benefits of beginning a yoga practice with members.
- ❖ Safely flows the group to cognizance through a series of revitalizing and rejuvenating asanas, pranayamas, meditations, mantras etc.
- ❖ Promotes safety through proper equipments, precise demonstrations, explicit instructions and quintessential rectifications of class.
- ❖ Ensures that the area is tidy and ambience is filled with auspicious aura favourable for both teaching as well as practice.



- ❖ Assures everyone's safety, comfort, and satisfaction during classes and beyond.
- ❖ Imparts advice to individuals on correct methods of practicing as well as teaching.
- ❖ Promotes a fun and relaxing atmosphere.

## EMPLOYMENT PROFILE

- ❖ Director of Yoga at Sudha Yoga & Ayurveda International since 15<sup>th</sup> Jan, 2013.
- ❖ Conducting various Yoga Classes, Teacher Training Programmes, Holidays, Retreats & Yoga-Ayurvedic Treatments as well as several other Short Term Courses since 2013 at numerous locations throughout India & abroad. (Some of these venues have been Moscow, Hanoi, Bangkok, Pattaya, Sa Pa, Ha Long, Moc Chau, Phu Tho, Yen Tu, Delhi-NCR, Dharamshala, Leh-Ladakh, Goa, Rishikesh, Alwar, etc.)
- ❖ In 2016-17, got invited by Kerala, a luxurious Ayurveda & Yoga Center in Moscow (Russia) to conduct special Group and Personal Yoga Sessions, Workshops, Retreats, Conferences, Courses and Treatments etc, all catering specific needs of individuals.
- ❖ Worked for several prestigious and lavish fitness centers, spa, yoga studios, hotels etc.in Hanoi (Vietnam) for a year during 2013 - 2014..
- ❖ Appointed as special Yoga Instructor for two weeks from 21/12/2012 with Real Yoga Pte. Ltd, Singapore in order to provide Advance Yoga Training.
- ❖ Self Employed Yoga Instructor from 01/06/2010 to 15/12/2012 in New Delhi.
- ❖ Yoga Instructor, from 1/05/2009 to 15/05/2010 in yoga centre, South-West Delhi, Sector - 5 R. K. Puram, New Delhi (Directorate Of Education, N.C.R., Delhi).
- ❖ President of Y.S.W.S. (Yogayurveda Social Welfare Society) since 2010, A National Regd. N.G.O. looking forward to spread yoga throughout world.
- ❖ Appointed as part of Jury in various yogasana championships.
- ❖ Treated people from diseases like obesity, diabetes, arthritis, spondylitis, slip disc, cervical, etc.
- ❖ Trained many national & international players.

## EDUCATIONAL HISTORY

2007      Secondary School Examination



*Central Board of Secondary Education*  
2009 *Senior School Certificate Examination-Intermediate (Plus 2)*

*Central Board of Secondary Education*  
2012 *Certificate Course in Yoga*

*Kaivalyadhama (K.S.M.Y.M. Samiti), Lonavla (Dist - Pune)*  
2012 *B.A. (Hons.) Philosophy*

*Hindu College, University of Delhi*

2012 *Diploma in Yoga & Naturopathy*  
*Uttarakhand Open University*

## **LINGUISTIC SKILLS**

*English, Hindi, Sanskrit, Punjabi, a bit of Vietnamese & Russian*

## **CONTACT**

*Current Location: New Delhi, India*

*Available: Immediately*

*Relocation: Yes*

*Father's Name: Dr. M.S. Bhatti*

*Mobile No: +91 8383974623 / +91 9643486042 (WhatsApp)*

*E-mail (Personal): vipulyogi@gmail.com*